

THE TEXAS VOICE SYMPOSIUM

"Evidence-Based Treatment for Voice Disorders"

Saturday, January 21, 2017

Texas Christian University

Fort Worth, TX



OBJECTIVES

At the end of this workshop learners will be able to:

- Describe strategies for detecting paralaryngeal tension
- Describe circumlaryngeal approaches for treating MTD
- Identify the hierarchical structure of Stretch-and-Flow voice therapy
- Explain the role of videostroboscopy in laryngeal evaluation
- Appraise the research evidence related to MTD
- Discuss the steps and progression of VFE
- Summarize the process of RVT

SYMPOSIUM TOPICS

Muscle Tension Dysphonia	Vocal Function Exercises
Circumlaryngeal Techniques	Evidence-Based Practice
Stretch-and-Flow Therapy	Resonant Voice Therapy
Laryngeal Videostroboscopy	Expert Panel Discussion

SCHEDULE OUTLINE

- 7:30–8:30** Registration / Check-In
- 8:30–8:40** Welcome & Introductions (**C. Watts**)
- 8:40–10:40** Circumlaryngeal Techniques for Muscle Tension Dysphonia (**N. Roy**)
- 10:40–11:00** **BREAK**
- 11:00–12:00** Stretch-and-Flow Voice Therapy (**L. Toles**)
- 12:00–1:00** **LUNCH (provided)**
- 1:00–2:00** The Role of Videostroboscopy in Laryngology (**T. Mau & L. Childs**)
- 2:00–2:45** MTD: Research Update (**C. Atkinson**)
- 2:45–3:00** **BREAK**
- 3:00–3:45** Vocal Function Exercises (**J. Deane**)
- 3:45–4:30** Resonant Voice Therapy (**K. Coker**)
- 4:30–5:00** Panel Discussion & Closing Remarks

Symposium Location:

Smith Entrepreneurs Hall, room 104
Texas Christian University
West Louden Street, Fort Worth, Texas 76129

KEYNOTE SPEAKER



Nelson Roy, Ph.D., CCC-SLP
ASHA Fellow

Professor of Communication Sciences & Disorders
University of Utah

SYMPOSIUM FACULTY

- **Ted Mau, M.D., Ph.D.**
- **Lesley Childs, M.D.**
- **Cory Atkinson, M.A, CCC-SLP**
- **Kimberly Coker, M.S. CCC-SLP**
- **Janis Deane, M.S., CCC-SLP**
- **Laura Toles, M.S., CCC-SLP**
- **Christopher R. Watts, Ph.D., CCC-SLP**
(moderator)

VOICE FOUNDATION: North Texas Chapter

The North Texas Chapter of the Voice Foundation was formed in 2014 to act as a resource for professional and personal development of medical, allied health, and vocal arts professionals serving professional voice users and voice impaired populations. In addition, the chapter aims to educate members, associated healthcare professionals, and the public with regards to knowledge and advances in medical and behavioral management of voice impaired populations.

For resources and information about joining our chapter contact: **Christopher R. Watts, Ph.D.:** c.watts@tcu.edu

REGISTRATION

- Registration fee: **\$95.00**
- Fee includes 0.65 ASHA approved CE units (**6.5 hours**)
- Space is limited, please register early.
- A 90% refund will be granted up to 2 weeks prior to symposium provided that a written notice of cancellation is received prior to **January 5**. No refunds will be given after that date.

Register online at: www.voicefoundation.org

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<http://www.voicefoundation.org>

Disclosures

Dr. Roy will receive a stipend for from the University of Texas Southwestern for his symposium presentations. All other presenters have no financial or non-financial disclosures.

Continuing Education



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This course is approved for 0.65 ASHA CEUs
(Intermediate level, Professional area)