Registration Form-SD

Space is limited to 30. Please Register Early!

Registration Deadline April 24, 2014

| Name with credentials/degre | e | | |
|---|--|-----------------------------|-----|
| Street Address | | | |
| City | | State | Zip |
| Phone (Home) | | Work or Cell | |
| E-mail (Required for Registra Disability Accommodation N | | ontact you) | |
| Course Fees (circle applice | <u>able amounts)</u> | | |
| Practicing SLPs | US\$450 | | |
| SLP Graduate Students * | US\$325 | | |
| *Registrations accepted by e | -mail/scan or fax <u>only</u> , with c | copy of school ID attached. | |
| <u>Options:</u> | | | |
| Welcome Reception | No charge | | |
| Celebration Dinner | US\$45 | | |
| Tour of Chicago | US\$57.50 | | |
| <u>Payment</u> | | | |
| By credit card (Visa or Ma | asterCard) | | |
| Card Number | | | |
| Name on Card: | | | |

CCV Number (back of card):_ _Exp. Date:_ _Billing Zip:_

How to register

Scan/E-mail: mvdinfo@comcast.net By Fax: Toll-free 1-888-875-4086 Online: At www.multivoicedimensions.org

Cancellation Policy

Course fee will be refunded, less a \$50 processing fee, if cancellation is received in writing 15 days or more before course start date. No refunds within 15 days or after course start date. Late cancellations may apply course fee to a future course or send an alternate attendee. MultiVoiceDimensions is not responsible for any adverse events related to the course such as weather or transportation delays. We reserve the right to cancel the course 7 days prior to the course date with full refund of course fee if registrations are insufficient to support the course.

Confirmation

Confirmation will be sent by e-mail approximately 7 days in advance of course start date, along with any final course details. Registrants may be sent course handouts in advance of the course for review and printing locally. Printed receipts will be provided in registration packet at the course.

Contact: mvdinfo@comcast.net with any questions



Multi Voice Dimensions is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for 1.48 CEUs (Intermediate level, Professional area)



Spasmodic Dysphonia



MAY 2-3 CHICAGO, IL (O'HARE)

Effective Interventions for

Speech-Language

Pathologists

In conjunction with the Symposium of the



National Spasmodic Dysphonia Association

Hilton Garden Inn

2930 South River Road

Des Plaines, IL

About the Course

In recent years, speech-language pathologists have had few resources for therapy with individuals who have spasmodic dysphonia and other laryngeal dystonias. Research has been active, however, and it's time to present options for management of these disorders.

This course is a unique opportunity to combine didactic knowledge, practical applications, and networking with individuals who have spasmodic dysphonia (SD). On May 2, SLPs will be together and participate in a workshop presented by Julie Barkmeier-Kraemer and Kate DeVore. Both of these faculty bring a wealth of experience in research and interventions, presenting the current evidence base, differential diagnosis, and interactive management strategies for adductor (ADSD), abductor (ABSD), and vocal tremor. Issues relating to the common overlay of muscle tension dysphonia will also be addressed. The evening of May 2, SLPs are invited to join individuals with SD at a welcome party, which begins the Symposium of the National Spasmodic Dysphonia Association (NSDA).

The morning of May 3, SLPs will join the individuals with SD in hearing panel discussions on current medical interventions and perspectives on voice therapy. The afternoon of May 3, SLPs will participate in break-out session workshops that will include select patients; separate workshops will be conducted—with appropriate patients—for ADSD, ABSD, and vocal tremor. The course will wrap up with a panel of experts who have been instrumental in creating new options for SD management over the past 25 years. An optional dinner will follow, to celebrate 25 years of the NSDA.

Course Fee Includes:

- Course Handouts
- Continental Breakfast, Break Refreshments, and Lunch both days; Refreshments at Welcome Party Friday evening
- A one-year membership to NSDA (newsletter, support group information, and much more)

Learning Objectives

- Provide differential diagnosis of SD vs. MTD vs. vocal tremor
- Describe the physiologic and acoustic features of SD (adductor and abductor)
- Describe the effects of Botox and surgical interventions along with possible side effects
- Identify concurrent compensatory mechanisms that occur with SD
- Prepare a treatment plan based on individual patient characteristics throughout the various systems of voice
- Demonstrate various treatment methods in appropriate patients
- Adjust intervention and management strategies according to individual patient response

Course Schedule

May 2

| 8:00-8:30 8:30-10:00 | Registration (continental breakfast provided) Current Research in Clinical Evaluation and Treatment of SD and Vocal Tremor (Julie Barkmeier-Kraemer) |
|-------------------------|--|
| 10:00-10:15 | Break (refreshments provided) |
| 10:15-12:00 | Anatomy & Physiology Review, Voice Therapy Overview, and |
| | Introduction to PhysicalTension Release (Kate DeVore) |
| 12:00-1:00 | Lunch (Provided) |
| 1:00-2:30 | Differential Diagnosis for MTD, ADSD, ABSD, and Vocal |
| | Tremor; Therapy Approaches (Julie Barkmeier-Kraemer) |
| 2:30-2:45 | Break (refreshments provided) |
| 2:45-4:30 | Interactive Breath and Resonance Exercises (Kate DeVore) |
| 4:30-5:00 | Questions and Answers |
| | |

May 3

8:30-8:50 Welcome and Overview of NSDA 8:50-9:40 Spasmodic Dysphonia Overview Panel (Moderator: Robert Bastian MD; Panelists: Christy Ludlow PhD, Seth Dailey MD, Brent Richardson MD) 9:40-10:30 Voice Therapy Panel (Moderator: Julie Barkmeier-Kraemer PhD, SLP; Panelists: Jan Potter Reed MS-SLP, Steven Sims MD, Julia Edgar PhD-SLP) 10:30-10:50 Break (refreshments provided) 10:50-11:40 Botulinum Toxin (Botox) Panel (Moderator: Andrew Blitzer MD; Panelists: Steven Sims MD, Brent Richardson MD, Seth Dailey MD) 11:40-12:30 Surgical Options Panel (Moderator: Gerald Berke MD; Panelists: Joel Blumin MD, Robert Bastian MD) 12:30-1:00 Lunch (provided) 1:00-2:00 Adductor SD Workshop with Patients 2:00-3:00 Abductor SD Workshop with Patients (break refreshments will be provided during this session) 3:00-4:00 Vocal Tremor Workshop with Patients 4:00-5:00 **Research Milestones Panel** (Moderator: Christy Ludlow PhD; Panelists: Andrew Blitzer MD, Gerald Berke MD, Joel Blumin MD 5:00-5:30 Questions and Wrap-up

May 2 6:30-8:30 PM

<u> May 3</u> 6:30 PM-??

May 4 8:30 AM-1:30 PM

O'Hare airport is most convenient. Midway Airport is approximately 25 miles away. The course, and all events, will be held at the Hilton Garden Inn-O'Hare. For driving directions, please refer to the hotel website. There is a free airport shuttle to the hotel (courtesy phone located near the baggage claim) as well as free parking at the hotel. A block of rooms has been reserved at a cost of \$109/night plus tax. Book directly with the hotel at http://hiltongardeninn3.hilton.com/en/hotels/illinois/hilton-garden-inn-chicagoohare-airport-ORDCHGI/index.html or call 847-296-8900 for reservations. Enter the conference code NSDA to obtain the special rate. Reserve your room as soon as possible, as space is limited.

No ASHA Continuing Education Credit for these options, but a wonderful experience!

> Welcome party with attendees of NSDA Symposium No Additional Charge (though we require registration in order to guarantee space and food)

Dinner to Celebrate the 25th Anniversary of NSDA Honoring contributors to SD research and support; musical entertainment by the Classic Brass Quintet Cost: \$45 (cash bar)

Guided tour of Chicago, covering the city's history, architecture, and culture. The bus will pick you up and drop you off at the hotel.

Cost: \$57.50

All Taxes and Gratuities are included in above prices



About the Faculty

Julie Barkmeier-Kraemer PhD, CCC-SLP is a Professor in the Department of Otolaryngology at UC-Davis Medical Center. Julie's research and clinical interests are in the areas of vocal tremor and various laryngeal dystonias. Her full biography can be found at www.ucdmc.ucdavis.edu/otolaryngology/ourteam/faculty/barkmeier-kraemer.

Kate DeVore MA, CCC-SLP is a speech-language pathologist in private practice and owner of Total Voice. Kate's therapy methods incorporate a wide array of breath work, somatic techniques, as well as traditional SLP methods. Her biography can be found at www.totalvoice.net/bio.html.

Charlie Reavis is the President of the National Spasmodic Dysphonia Association.

Robert Bastian MD is an Otolaryngologist and Director of Bastian Voice Institute. His full biography can be found at http://www.bastianvoice.com/about/meet-the-staff/robert-w-bastian-md/#iump

Christy Ludlow PhD is Professor of Communication Sciences and Disorders at James Madison University and Senior Investigator at the National Institute of Neurological Disorders and Stroke, a division of the National Institutes of Health. Her full biography can be found at http://www.ninds.nih.gov/research/labs/73.htm

Seth Dailey MD is an Otolaryngologist, Associate Professor, and Chief of Laryngology in the Department of Surgery at the University of Wisconsin School of Medicine and Public Health. His full biography can be found at http://www.surgery.wisc.edu/profile/seth-dailey

Julia Edgar PhD, CCC-SLP is Associate Professor in Communication Sciences and Disorders at Truman State University. Her full biography is available on request.

Brent Richardson MD is an Otolaryngologist at Bastian Voice Institute. His full biography can be found at http://www.bastianvoice.com/about/meet-the-staff/brent-e-richardson-m-d/

Jan Potter Reed MS, CCC-SLP is a speech-language pathologist at the Chicago Institute for Voice Care at the University of Illinois Medical Center. Her biography can be found at http://www.chicagovoicedoc.com/aboutus.html

H. Steven Sims MD is an Otolaryngologist, Director of the Chicago Insitute for Voice Care, and Associate Professor at the University if Illinois Medical Center. His biography can be found at http://www.chicagovoicedoc.com/aboutus.html

Andrew Blitzer MD is an Otolaryngologist in private practice in New York City. His full biography can be found at http://www.entsurg.com/specialists/andrew-blitzer.html

Gerald Berke MD is an Otolaryngologist and Professor at UCLA Medical Center. His full biography can be found at

http://www.uclahealth.org/body.cfm?xyzpdgabc=0&id=479&action=detail&ref=6830

Joel Blumin MD is an Otolaryngologist and Professor at the Medical College of Wisconsin. His full biography can be found at http://www.mcw.edu/ear-nose-throat/faculty/joel-blumin.htm



The National Spasmodic Dysphonia Association

Financial: NSDA is not providing any financial support for this course, other than reimbursement of travel expenses to some panelists. The organization receives small charitable donations from some of the individuals who will be faculty at this course, as well as very small donations from select medical suppliers to the SD community. NSDA will be paid by MultiVoiceDimensions, in the form of annual memberships for attendees of this course.

Non-financial: There are no relevant non-financial disclosures to be made.

Iulie Barkmeier-Kraemer PhD, CCC-SLP

Financial: Julie is paid honoraria and travel expenses for presentations such as the present course. She is paid a salary for her work at UC-Davis Medical Center. Non-financial: There are no relevant non-financial disclosures to be made.

Kate DeVore MA, CCC-SLP

Financial: Kate is paid honoraria and travel expenses for presentations such as the present course. She is the author of Total Voice, which may be mentioned at the course. Non-financial: There are no relevant non-financial disclosures to be made.

Charlie Reavis

Financial: Charlie is the President of the National Spasmodic Dysphonia Association, where he serves in a volunteer capacity, and is reimbursed travel expenses for this course. Non-financial: There are no relevant non-financial disclosures to be made.

Robert Bastian MD

Financial: Dr. Bastian is paid for his work at his practice, where he performs Botox injections and vocal fold surgery. Non-financial: There are no non-financial disclosures to be made.

Christy Ludlow PhD

Financial: Dr. Ludlow is paid for her work as faculty, which includes research in SD. She is reimbursed for travel expenses for the present course. Non-financial: There are no non-financial disclosures to be made.

Seth Dailey MD

Financial: Dr. Dailey is paid for his work at his practice, where he performs Botox injections and vocal fold surgery. He is reimbursed for travel expenses for the present course. Non-financial: There are no non-financial disclosures to be made.

Julia Edgar PhD, CCC-SLP

Financial: Dr. Edgar is paid for her work as faculty, which includes research in SD. She is reimbursed for travel expenses for the present course. Non-financial: There are no non-financial disclosures to be made.

Brent Richardson MD

Financial: Dr. Richardson is paid for his work at his practice, where he performs Botox injections and vocal fold surgery. Non-financial: There are no non-financial disclosures to be made.

Ian Potter Reed MS. CCC-SLP

Center.

H. Steven Sims MD

Financial: Dr. Sims is paid for his work at his practice, where he performs Botox injections and vocal fold surgery. Non-financial: There are no non-financial disclosures to be made.

Andrew Blitzer MD

Financial: Dr. Blitzer is paid for his work at his practice, where he performs Botox injections and vocal fold surgery. He is reimbursed for travel expenses for the present course. Non-financial: There are no non-financial disclosures to be made.

Gerald Berke MD

Financial: Dr. Berke is paid for his work at his practice, where he performs Botox injections and vocal fold surgery. He is reimbursed for travel expenses for the present course. Non-financial: There are no non-financial disclosures to be made.

Joel Blumin MD

Financial: Dr. Blumin is paid for his work at his practice, where he performs Botox injections and vocal fold surgery. He is reimbursed for travel expenses for the present course. Non-financial: There are no non-financial disclosures to be made.

Financial; Jan is owner of MultiVoiceDimensions, which is hosting this course. As such, she earns a small profit from the proceeds. She is paid for her work as a speech-language pathologist at the University of Illinois Medical

Non-financial: There are no non-financial disclosures to be made.